



Extended Acute Care Behavioral Health Unit



Evolving Care... for Life.

Hope at Highlands Hospital

Highlands Hospital is pleased to announce the addition of a newly renovated Extended Acute Care Behavioral Health Unit. It is the only Extended Acute Care Behavioral Health treatment center in the county and takes a holistic approach to healing for the mind, body and soul of all patients. The program is under the medical direction of Ryan J. Wakim, MD, and managed by Susan Mongell, RN, Director of Behavioral Health Services.

Extended Acute Care

Highlands Hospital Extended Acute Behavioral Health Care Unit (EAC) accepts patients over the age of 18 and older who are preparing for discharge from an inpatient acute behavioral health care unit. The EAC is a transitional service to support individuals as they prepare to return to living in the community.

The philosophy of care provided within the EAC assures that services and supports are grounded in a focus of well-being, community reintegration, and safety.

Within a therapeutic-rich environment, the EAC is a part of the recovery-focused process that seeks to promote individual choices around treatment and provide opportunities that embrace collaboration with the individual, their family, and the treatment team.

Primary areas include physical and mental health and wellness, emotional and behavioral stability including self-esteem, hope, coping skills, self-confidence, and social quality of life.

EAC (Serenity) Contact Information:

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