



Surgical Physicians



ORTHOPEDIC/SPORTS MEDICINE



Tracy Popey, M.D.

- *M.D., Cum Laude, from the Medical College of Pennsylvania in 1992*
- *Orthopedic Surgery Resident at Wilford Hall Medical Center in San Antonio, TX from 1995-1999*
- *U.S. Air Force 1992-2013*
- *Highlands Hospital from July 2015-Present*
- *Board Certified – The American Board of Orthopedic Surgery*

Highlands Hospital
Orthopedics/Sports Medicine

OFFICE: 724.626.2485

Areas of expertise:

- Total hip replacement & total knee replacement
- Sports medicine, including knee arthroscopy & shoulder arthroscopy
- Carpal tunnel release & ganglion excision
- Closed & open fracture repair of upper and lower extremities
- Repair of tendon, ligament, nerve, & muscle

GENERAL SURGERY



Highlands Hospital
Surgical Associates

OFFICE: 724.626.2200

Areas of expertise:

- Elective General Surgery
- State of the Art Laparoscopic & minimally invasive surgery
- Gastrointestinal - Acute Abdomen, Gastric, Small Bowel, Colon, Benign & Malignant, Diverticular disease
- Anorectal conditions - Hemorrhoids, Anal Fissures, and Fistulas
- Breast Disease - Needle biopsy, Excisional biopsy
- Hernias: minimally invasive surgery - Inguinal (groin) Hernia, Ventral Hernia, Umbilical Hernia, Recurrent hernias
- Gallbladder disease
- Skin & Soft issue - Malignant: Melanoma (Squamous, Basal Cell cancers), Benign Lesions (Lipoma, moles, cysts), Removal of foreign bodies, Infections
- Thoracic - Thoracentesis, Chest tube insertion
- Vascular - Sort term and long term, venous access

GASTROENTEROLOGY



The Westmoreland Digestive
Disorders Group, LLC

OFFICE: 724.532.2801

Bruce Bradley, D.O.

- *D.O. from Philadelphia College of Osteopathic Medicine in 1988*
- *Internal Medicine Residency at The Western Pennsylvania Hospital in Pittsburgh in June 1992*
- *Gastroenterology Fellowship at The Western Pennsylvania Hospital in Pittsburgh in June 1994*
- *The Westmoreland Digestive Disorders Group, Pennsylvania Hospital in Pittsburgh in LLC from January, 2006-present*
- *Allegheny Health Network 2017-present*
- *Board Certified in Gastroenterology – The American Board of Internal Medicine*

Areas of expertise:

- Endoscopy
- Colon cancer screening
- Colonoscopy
- Polypectomy
- Treatment of hemorrhoids, irritable bowel syndrome, ulcerative colitis, constipation, & diverticulosis
- Treatment of anemia & gastrointestinal bleeding, celiac disease, GERD, & abdominal pain

GASTROENTEROLOGY



Digestive Care Consultants, P.C.

OFFICE: 724-864-0503

Balu Shetty, M.D.

- *M.D. from Kasturba Medical College in 1981*
- *Residency at Mercy Hospital and Medical Center in Chicago, IL (1984-1987)*
- *Fellowship at Uniformed Services in Bethesda, MD (1987-1988)*
- *Fellowship at University of Pittsburgh in Gastroenterology/Hepatology (1988-1990)*
- *Allegheny Health Network-Forbes Campus from 1990-Present*
- *Board Eligible*

Areas of expertise:

- Endoscopy
- Colon cancer screening
- Colonoscopy
- Polypectomy
- Treatment of constipation, diarrhea, irritable bowel syndrome, inflammatory & infectious bowel disease
- Treatment of internal hemorrhoids, rectal bleeding, abdominal pain & disorders of the stomach
- Treatment of swallowing disorders, hepatitis, & liver disease

PAIN MANAGEMENT



Pain and Spine Specialists

OFFICE: 724.603.3560

Sudhir Rao, M.D.

- *M.D. from St. George's University School of Medicine in 2002*
- *Residency Program from Albert Einstein College of Medicine and Montefiore Medical Center in 2006*
- *Fellowship in Interventional Pain Management from Mt. Sinai School of Medicine in 2007*
- *Pain and Spine Specialists of Maryland/Pennsylvania from March 2012-Present*
- *Board Certified – The American Board of Anesthesiology (Anesthesiology and Sub-Specialty in Pain Medicine)*

Suhas Badarinath, M.D.

- *M.D. from Virginia Commonwealth University School of Medicine in May 2004*
- *Residency in Physician Medicine and Rehabilitation (Chief Resident) at Sinai Hospital of Baltimore/University of Maryland Medical Center in June 2008*
- *Fellowship in Pain Medicine at Baylor College of Medicine/University of Texas Health Science Center in July 2009*
- *Pain and Spine Specialists of MD/PA from September 2014 to present*
- *Board Certified – American Board of Pain Medicine and American Board of Physical Medicine and Rehabilitation*

Areas of expertise:

- Chronic pain management
- Interventional pain management, including a variety of pain injections, nerve blocks, & joint injections
- Spinal cord stimulator trial

PAIN MANAGEMENT



Therapeutic Interventional
Pain Centers

OFFICE: 724.483.4282

Arif Rafi, M.D.

- *MBBS/M.D. from Sir Salimullah Medical College in Dhaka, Bangladesh from 1982-1988*
- *Resident (Anesthesiology) at State University of New York in Stony Brook, NY from July 1997-June 2000*
- *ECFMG/USMLE, USA - Certified in 1995*
- *DIM (Diploma in Internal Medicine) from Royal Postgraduate Medical School in London, UK from 1994-1995*
- *Director, Therapeutic Interventional Pain Centers (Monongahela and Somerset) from January 2010-Present*
- *Board Certified - The American Board of Anesthesiology*

Areas of expertise:

- Chronic pain management, back/neck pain, failed back pain, & extremity pain
- Abdominal pain, headaches, & neuralgia
- Interventional pain management, including a variety of pain injections, nerve blocks, & joint injections
- Radiofrequency Ablations
- Spinal cord stimulator trial & Intrathecal pump
- Vertebroplasty
- Performed under fluoroscopy & mild sedation

WOMEN'S HEALTH/GYNECOLOGY



East Suburban Obstetric
& Gynecological Associates

OFFICE: 412.856.7500

Diana Baca, M.D.

- *M.D. from Northeastern Ohio Universities College of Medicine in May 2004*
- *OB-GYN Residency at Allegheny General Hospital in June 2008*
- *Board Certified – American Board of Obstetrics and Gynecology*

James Duggan, M.D.

- *M.D. Cum Laude from the University of Pittsburgh School of Medicine in 1980*
- *Residency in Obstetrics and Gynecology from the University Pittsburgh School of Medicine at Magee-Women's Hospital in 1984*
- *Board Certified – American Board of Obstetrics and Gynecology*

Elizabeth Knepp, M.D.

- *M.D. from Wright State University in 1983*
- *Internship/Residency at Magee-Women's Hospital from 1983-1987*
- *Board Certified – American Board of Obstetrics and Gynecology*

Diem Nguyen, M.D.

- *M.D. from University of Pittsburgh School of Medicine in 2000*
- *Residency in Obstetrics and Gynecology at University of Pittsburgh Magee-Women's Hospital in 2005*
- *Board Certified – American Board of Obstetrics and Gynecology*

Michael Pelekanos, M.D.

- *M.D. from University of Pennsylvania in 1980*
- *Residency at Magee-Women's Hospital in 1984*
- *Board Certified – American Board of Obstetrics and Gynecology*
- *Board Certified-American Board of Ob/GYN Female Pelvic Medicine RS*

Benjamin Peticca, M.D.

- *M.D. from University of Pittsburgh School of Medicine in 1980*
- *Residency at Magee-Women's Hospital in 1984*
- *Board Certified – American Board of Obstetrics and Gynecology*

Traci Wojcik, M.D.

- *M.D. from University of Pittsburgh School of Medicine in 1992*
- *Internship and Residency at Eastern Virginia School of Medicine in 1996 (Chief Resident from 1995-1996)*
- *Board Certified – American Board of Obstetrics and Gynecology*

Areas of expertise:

- Gynecology, fibroids, endometriosis, birth control, family planning
- Cervical cancer screening & treatment
- Gynecological surgery (minimally invasive/robotic)
- Hysterectomy (minimally invasive/robotic), hormone replacement
- Female pelvic medicine & reconstructive surgery, urinary incontinence
- Miscarriages, IVF, artificial insemination, genetics
- Menstrual disorders
- Obstetrics/High risk obstetrics (Forbes Regional)

PLASTIC SURGERY/HAND SURGERY



Willis D. Shook III, M.D.

OFFICE: 412-562-3320

Willis D. Shook III, M.D.

- *M.D. from University of Pittsburgh, 1973*
- *Residencies: Western Pennsylvania Hospital (General Surgery) 1973-1978*
- *Medical College of Ohio at Toledo (Plastic/Reconstructive Surgery) 1978-1980*
- *Highlands Hospital Medical Staff 1995 to present*
- *Board Certified – The American Board of Plastic Surgery*

Areas of expertise:

- Hand surgery, elective, traumatic, and reconstructive
- Breast surgery-reduction, augmentation, and reconstruction
- Maxillofacial surgery
- Skin lesion and soft tissue tumor removal
- Burn treatment and reconstruction
- Treatment of wounds and pressure sores
- Laceration repairs
- Skin grafts

PODIATRY



Krouse Foot Orthopedics
and Surgery

OFFICE: 724.539.3650

Paul Krouse, D.P.M.

- *Doctor of Podiatric Medicine from PA College of Podiatric Medicine in Philadelphia, PA from August 1986 to June 1990*
- *Rotating Podiatric Residency in Podiatric Medicine and Surgery at Kensington Hospital in Philadelphia, PA from June 1990 to June 1991*
- *Board Certified – The American Board of Podiatric Surgery, 1997 to present*

Areas of expertise:

- Foot pain & injuries
- Foot surgery
- Routine foot maintenance
- Diabetic foot care & maintenance
- Heel pain relief
- Bunion/hammertoe treatment & correction
- Senior foot care
- Treatment of heel spurs, plantar fasciitis, neuromas, and arthritis



highlandshospital.org

Highlands
HOSPITAL

Evolving Care... for Life.

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