Surgical Physicians

Highlands Hospital
Areas of expertise:

- Total hip replacement & total knee replacement
- Sports medicine, including knee arthroscopy & shoulder arthroscopy
- Carpal tunnel release & ganglion excision
- Closed & open fracture repair of upper and lower extremities
- Repair of tendon, ligament, nerve, & muscle
Areas of expertise:

- Elective General Surgery
- State of the Art Laparoscopic & minimally invasive surgery
- Gastrointestinal - Acute Abdomen, Gastric, Small Bowel, Colon, Benign & Malignant, Diverticular disease
- Anorectal conditions - Hernorrhoids, Anal Fissures, and Fistulas
- Breast Disease - Needle biopsy, Excisional biopsy
- Hernias: minimally invasive surgery - Inguinal (groin) Hernia, Ventral Hernia, Umbilical Hernia, Recurrent hernias
- Gallbladder disease
- Skin & Soft issue - Malignant: Melanoma (Squamous, Basal Cell cancers), Benign Lesions (Lipoma, moles, cysts), Removal of foreign bodies, Infections
- Thoracic - Thoracentesis, Chest tube insertion
- Vascular - Short term and long term, venous access
Areas of expertise:

- Endoscopy
- Colon cancer screening
- Colonoscopy
- Polypectomy
- Treatment of hemorrhoids, irritable bowel syndrome, ulcerative colitis, constipation, & diverticulosis
- Treatment of anemia & gastrointestinal bleeding, celiac disease, GERD, & abdominal pain
GASTROENTEROLOGY

Balu Shetty, M.D.

- M.D. from Kasturba Medical College in 1981
- Residency at Mercy Hospital and Medical Center in Chicago, IL (1984-1987)
- Fellowship at Uniformed Services in Bethesda, MD (1987-1988)
- Fellowship at University of Pittsburgh in Gastroenterology/Hepatology (1988-1990)
- Allegheny Health Network-Forbes Campus from 1990-Present
- Board Eligible

Digestive Care Consultants, P.C.
OFFICE: 724-864-0503

Areas of expertise:

- Endoscopy
- Colon cancer screening
- Colonoscopy
- Polypectomy
- Treatment of constipation, diarrhea, irritable bowel syndrome, inflammatory & infectious bowel disease
- Treatment of internal hemorrhoids, rectal bleeding, abdominal pain & disorders of the stomach
- Treatment of swallowing disorders, hepatitis, & liver disease
PAIN MANAGEMENT

Sudhir Rao, M.D.

- M.D. from St. George’s University School of Medicine in 2002
- Residency Program from Albert Einstein College of Medicine and Montefiore Medical Center in 2006
- Fellowship in Interventional Pain Management from Mt. Sinai School of Medicine in 2007
- Pain and Spine Specialists of Maryland/Pennsylvania from March 2012-Present
- Board Certified – The American Board of Anesthesiology (Anesthesiology and Sub-Specialty in Pain Medicine)

Suhas Badarinath, M.D.

- M.D. from Virginia Commonwealth University School of Medicine in May 2004
- Residency in Physician Medicine and Rehabilitation (Chief Resident) at Sinai Hospital of Baltimore/University of Maryland Medical Center in June 2008
- Fellowship in Pain Medicine at Baylor College of Medicine/University of Texas Health Science Center in July 2009
- Pain and Spine Specialists of MD/PA from September 2014 to present
- Board Certified – American Board of Pain Medicine and American Board of Physical Medicine and Rehabilitation

Areas of expertise:

- Chronic pain management
- Interventional pain management, including a variety of pain injections, nerve blocks, & joint injections
- Spinal cord stimulator trial

Pain and Spine Specialists

OFFICE: 724.603.3560
Arif Rafi, M.D.

- MBBS/M.D. from Sir Salimullah Medical College in Dhaka, Bangladesh from 1982-1988
- Resident (Anesthesiology) at State University of New York in Stony Brook, NY from July 1997–June 2000
- ECFMG/USMLE, USA – Certified in 1995
- DIM (Diploma in Internal Medicine) from Royal Postgraduate Medical School in London, UK from 1994-1995
- Director, Therapeutic Interventional Pain Centers (Monongahela and Somerset) from January 2010-Present
- Board Certified – The American Board of Anesthesiology

Areas of expertise:

- Chronic pain management, back/neck pain, failed back pain, & extremity pain
- Abdominal pain, headaches, & neuralgia
- Interventional pain management, including a variety of pain injections, nerve blocks, & joint injections
- Radiofrequency Ablations
- Spinal cord stimulator trial & Intrathecal pump
- Vertebroplasty
- Performed under fluoroscopy & mild sedation
Diana Baca, M.D.

• M.D. from Northeastern Ohio Universities College of Medicine in May 2004
• OB-GYN Residency at Allegheny General Hospital in June 2008
• Board Certified – American Board of Obstetrics and Gynecology

James Duggan, M.D.

• M.D. Cum Laude from the University of Pittsburgh School of Medicine in 1980
• Residency in Obstetrics and Gynecology from the University Pittsburgh School of Medicine at Magee-Women’s Hospital in 1984
• Board Certified – American Board of Obstetrics and Gynecology

Elizabeth Knepp, M.D.

• M.D. from Wright State University in 1983
• Internship/Residency at Magee-Women’s Hospital from 1983-1987
• Board Certified – American Board of Obstetrics and Gynecology

Diem Nguyen, M.D.

• M.D. from University of Pittsburgh School of Medicine in 2000
• Residency in Obstetrics and Gynecology at University of Pittsburgh Magee-Women’s Hospital in 2005
• Board Certified – American Board of Obstetrics and Gynecology
Michael Pelekanos, M.D.

- M.D. from University of Pennsylvania in 1980
- Residency at Magee-Women’s Hospital in 1984
- Board Certified – American Board of Obstetrics and Gynecology
- Board Certified-American Board of Ob/GYN Female Pelvic Medicine RS

Benjamin Peticca, M.D.

- M.D. from University of Pittsburgh School of Medicine in 1980
- Residency at Magee-Women’s Hospital in 1984
- Board Certified – American Board of Obstetrics and Gynecology

Traci Wojcik, M.D.

- M.D. from University of Pittsburgh School of Medicine in 1992
- Internship and Residency at Eastern Virginia School of Medicine in 1996 (Chief Resident from 1995-1996)
- Board Certified – American Board of Obstetrics and Gynecology

Areas of expertise:

- Gynecology, fibroids, endometriosis, birth control, family planning
- Cervical cancer screening & treatment
- Gynecological surgery (minimally invasive/robotic)
- Hysterectomy (minimally invasive/robotic), hormone replacement
- Female pelvic medicine & reconstructive surgery, urinary incontinence
- Miscarriages, IVF, artificial insemination, genetics
- Menstrual disorders
- Obstetrics/High risk obstetrics (Forbes Regional)
Willis D. Shook III, M.D.

Areas of expertise:

- Hand surgery, elective, traumatic, and reconstructive
- Breast surgery-reduction, augmentation, and reconstruction
- Maxillofacial surgery
- Skin lesion and soft tissue tumor removal
- Burn treatment and reconstruction
- Treatment of wounds and pressure sores
- Laceration repairs
- Skin grafts
Paul Krouse, D.P.M.

- Doctor of Podiatric Medicine from PA College of Podiatric Medicine in Philadelphia, PA from August 1986 to June 1990
- Rotating Podiatric Residency in Podiatric Medicine and Surgery at Kensington Hospital in Philadelphia, PA from June 1990 to June 1991
- Board Certified – The American Board of Podiatric Surgery, 1997 to present

Areas of expertise:

- Foot pain & injuries
- Foot surgery
- Routine foot maintenance
- Diabetic foot care & maintenance
- Heel pain relief
- Bunion/hammertoe treatment & correction
- Senior foot care
- Treatment of heel spurs, plantar fasciitis, neuromas, and arthritis

Krouse Foot Orthopedics and Surgery

OFFICE: 724.539.3650