

MAY 2018

Mon	Tue	Wed	Thu	Fri	
	1	2	3	4	<p>INSTRUCTORS: (SEE BELOW)</p> <p>Cathy Kumar Registered Yoga Teacher Yoga Alliance/ M.S. in Health & Wellness Promotion</p> <p>Tabby Horvath ACE Certified Group Fitness Instructor /M.S. Human Wellness</p>
	<p>Yoga 9:30a-10:30a Instructor: Tabby</p> <p>Y12SR: Yoga 12 Step Recovery 5:30-7:00p Instructor: Cathy</p>	<p>Total Body in Ten 9:30a-10:15a Instructor: Tabby</p>	<p>Yoga 9:30a-10:30a Instructor: Tabby</p>	<p>TBC 9:30a-10:30a Instructor: Tabby</p>	
7	8	9	10	11	
<p>Kickboxing 9:30a-10:30a Instructor: Tabby</p> <p>Yoga 5:30p-7:00p Instructor: Cathy</p>	<p>Yoga 9:30a-10:30a Instructor: Tabby</p> <p>Y12SR: 5:30-7:00p Instructor: Cathy</p>	<p>Total Body in Ten 9:30a-10:15a Instructor: Tabby</p>	<p>Yoga 9:30a-10:30a Instructor: Tabby</p>	<p>TBC 9:30a-10:30a Instructor: Tabby</p>	
14	15	16	17	18	
<p>Kickboxing 9:30a-10:30a Instructor: Tabby</p> <p>Yoga 5:30p-7:00p Instructor: Cathy</p>	<p>Yoga 9:30a-10:30a Instructor: Tabby</p> <p>Y12SR: 5:30-7:00p Instructor: Cathy</p>	<p>Total Body in Ten 9:30a-10:15a Instructor: Tabby</p>	<p>Yoga 9:30a-10:30a Instructor: Tabby</p>	<p>TBC 9:30a-10:30a Instructor: Tabby</p>	
21	22	23	24	25	
<p>Kickboxing 9:30a-10:30a Instructor: Tabby</p> <p>Yoga 5:30p-7:00p Instructor: Cathy</p>	<p>Yoga 9:30a-10:30a Instructor: Tabby</p> <p>Y12SR: 5:30-7:00p Instructor: Cathy</p>	<p>Total Body in Ten 9:30a-10:15a Instructor: Tabby</p>	<p>Yoga 9:30a-10:30a Instructor: Tabby</p>	<p>TBC 9:30a-10:30a Instructor: Tabby</p>	
28					
CLOSED FOR MEMORIAL DAY!!! NO CLASSES!					